# Pastel Painting

Valerie Albert Weingard and Susan Aitcheson

### **Materials List**

### **Paper**

Your choice of pastel paper. I use UArt Sanded Pastel Paper, 400 grit.

Pastel Premier Sanded Paper is another good choice.

These papers are available online through Jerry's Artarama, Dakota Art, Cheap Joe's or Dick Blick. Whatever size you are comfortable working on is fine

#### **Pastels**

Ideally, a broad selection of good quality soft pastels such as Terry Ludwig, Unison, Great American, Mount Vision and/or Girault is recommended. But if you are just starting out, Richeson Pastels offers a Signature Half stick set of 120 pastels for about \$100.

### **Choice of Under Painting Medium**

I almost always use a wet underpainting before I begin laying in the dry pastel. Either rubbing alcohol or watercolor - limited palette - primary colors (red, yellow, blue) are really all you will need.

Bring necessary supplies such as palette, rags, small plastic cup, brush and papertowels.

### **Brushes**

The brushes you use may become ruined over time, so never use your good brushes on sanded pastel

Bring a couple of different sizes. Bristle or synthetic are fine.

## **Other Supplies**

Old towel for under your feet – so that pastel dust & pieces don't end up on the floor Black artist's tape (if you can't find black, white is ok – but no color!) drawing board or foam core to secure paper to sketchbook/pen or pencils wet wipes for dusty hands and floor apron/old shirt rags/paper towels

ruler/scissors

24" piece of aluminum foil

Wax paper to cover your pastel paintings during transport home

Be on the lookout for inspiring reference photos with good lights and shadows! An Ipad or laptop are also great sources for reference, but please DO NOT attempt to paint from your phone.