

## PLEIN AIR: THE ART OF SIMPLICITY WITH MARK FERNANDEZ

Thank you for signing up for the workshop! We will meet at the Portsmouth Arts Guild on **Tues, June 11th at 10am**, for our first class. I recommend using a limited palette for the class. Use either oil paints, acrylics, or watercolor or gouache. When painting outside, simpler is better. Bring colors you typically like to use.

Please be familiar with set up prior to class. A chair if you want to sit. You will need to transport your equipment. Keep it light, compact, and easily transportable. Bug spray, sunscreen, hat, water, and a bag lunch. A camera/ iPhone/ iPad if you want to take photos. iPads/iPhones are great for helping with composition, also for working on your painting back in the studio.

If you don't have something on my supply list don't worry, I will bring extras. Gotcha covered! If you have any questions, email me at [mfpaintings@gmail.com](mailto:mfpaintings@gmail.com) or text me at 401-487-0014

Looking forward to class! ~Mark

- Paper towels
- Sketch book or drawing pad
- Camera/phone
- Pencil (and eraser)
- Container for water/medium
- A [view finder](#)

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### Oil/ Acrylic Supply List

Here is a suggested limited palette (but bring what you have):

Titanium White, Cadmium Yellow (I use Cad Lemon)  
Cadmium Red, Alizarin crimson  
Viridian or Sap Green, Ultramarine Blue  
Cobalt Blue (optional), Ivory Black

8x10" or 9x12" panels or canvases, no larger than 12"x16"

I highly recommend centurion panels from Jerry's Artarama. They are linen and reasonably priced. Get the less expensive universal primed panels.

### Brushes:

I personally like flats and brights, sizes 4,6,8,10 also bring ( if you have ) a larger 1 inch flat brush. My experience is larger brushes can speed the learning curve. A few small rounds or rigger brushes can help with final details. Assorted Palette knives for mixing colors and applying paints.

Odorless solvent for cleaning brushes (I like Gamsol).  
Air tight container to hold solvent. Water for acrylic painters

A portable easel with a paint palette. I recommend French Easel, Open M box, Alla Prima Easel, to mention a few. The easel needs to be stable in outdoor conditions.

- Trash bags
- Water or other beverages
- Lunch and snacks
- Pliers (*for stubborn paint tube caps*)
- Multi-tool (leatherman, swiss army, etc.)
- Container for brushes (optional)

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### Watercolor/Gouache List

Paint: Use what you have but my suggestions are:

French Ultramarine, Cobalt Blue, Alizarin crimson, Cadmium red, Cadmium yellow, Raw sienna, Burnt sienna, and Titanium white gouache

**Good paper**, eg Arches and Saunders 140 pound, rough or cold press., 100% cotton. Good paper is the most important supply. You will never learn watercolor on Job Lot paper.

**Brushes:** Mostly rounds with **good points**, a mop, a few flats, riggers.

Watercolor palette  
Painting Board, white tape  
Small spray bottle

A portable easel with a paint palette. I recommend En Plein Air Pro Traveler's Series Watercolor Package. The easel needs to be stable in outdoor conditions. Can also bring a chair and table instead.

