



## The Bigger Picture/Loosening Up Lisa Daria Materials List and Vendors

**Easel or ability to mount canvas on wall or table to work.**

**\*\*Paint** - Recommended Brand - Liquitex Heavy Body Acrylic Colors - Alizarin Crimson Hue Permanent • Cadmium Red Medium (Cad free is fine) • Cadmium Yellow Light (Cad free is fine) • Cadmium Yellow Medium (Cad free is fine) • Phthalo blue (green shade) • Ultramarine Blue (green shade) • Titanium White • Quinacridone Magenta

**\*\*The above is a full range of cool and warm paints but I am going to demo using ONLY three paints colors plus white and Quinacridone Magenta. If you want to save \$\$\$ and try a limited palette along with me, which by the way is easier for a quick painting try this combo only Cad Red Med., Cad Yellow, Ultramarine, White, and Quinacridone Magenta**

**Sumi Ink** - 6 ounces <https://www.dickblick.com/items/yasutomo-liquid-sumi-ink-6-oz-water-resistant/>

**Gesso**

**Golden Acrylic Retarder Medium** - a must - this brand I find to be the best <http://www.dickblick.com/items/00628-0006/>

**Black Sharpies Markers 2**

**Scissors and Packing or Duct Tape**

**Dowel** - 1/2" thick - 2-3 feet or a **Mahl Stick** or **any type** of solid straight object that can be used as a long, sturdy handle, like a broom.

**View Catcher** - <http://www.dickblick.com/products/viewcatcher/?clickTracking=true>

**Gray Scale Value Finder** <https://www.dickblick.com/products/gray-scale-value-finder/?fromSearch=%2F-search%2F%3Fq%3Dgray%2520scale%2520slider>

**Brushes** - anything will do, but here are my recommendations - these are not necessary to purchase.

2 Winsor and Newton University Bright Long Handle size 8 brushes <http://www.dickblick.com/items/05393-1008/>

1 Winsor and Newton University Bright Long Handle #12 Series 237 - <http://www.dickblick.com/items/05393-1012/>

1 Two-inch house painting brushes from the hardware store - nothing fancy

Poly foam brushes - 1", 2" and 4" - two of each - available at hardware store

**Old Gift Cards, pieces of cardboard, a painters edging tool** - anything to slather paint on in big areas

**Painting Surfaces Dura-Lar - Matte Film** -, 25 sheet 11x14" one pad - Make sure you are buying MATTE, not transparent. <https://www.dickblick.com/items/55505-1005/>

**6-8 (enough so you don't feel limited) 18" X 24" OR 24" x 30" Stretched primed, canvases (I like the thick gallery stretched ones) - the ones from Michael's are fine, the size doesn't matter too much, as long as it is big. If you have masonite panels or other surfaces already, use those.**

**Newsprint Pad** 18x24" smooth

**Palette** - I like disposable palettes - wax paper, parchment paper, what have you.

<http://www.dickblick.com/products/blick-studio-disposable-palette-pads/?clickTracking=true&wmcpl=pla&wmcid=items&wmckw=03063-2023&gclid=CJmbhNKwwcoCFdMYHwodj4JLQ>

**Spray Bottle** <http://www.dickblick.com/products/holbein-watercolor-atomizer-bottle/>

**Paper Towels**

**Still Life Objects** - Anything - we need to set up our own group still life, so think random - Flower, plants, vessels, objects, cloth, patterned items, cans, what have you. Objects from the recycling bin (seriously, anything!).

**Magazine Cut-outs or Photos** - a variety of subjects, interiors, fashion, what have you.